

Lent

Ash Wednesday

Wednesday 3/6

worship at

11:00 a.m. + 7:00 p.m.

First Sunday in Lent

Sunday 3/10

worship at

8:15 a.m. + 10:45 a.m.

Lenten Midweek Worship

I was recently teaching the Women's Bible Study and a comment came up from something I had said about my mother and the Christian mystical tradition of prayer and meditation. I was telling the women that my mother had quite the contemplative side to her, living a disciplined life of prayer and devotion. I also suggested to the women present that for Protestants of the evangelical/historical tradition, Christian mysticism can present some difficulties, mostly surrounding a certain withdrawal from the world and "real life." Simultaneously, I felt a little challenged by the women to go back and read from those individuals in the Christian tradition often identified as "mystics."

So, long story longer, in my reading of various Christian mystics, I was impressed by their singular devotion to God and prayer. As I probed varying mystics, I was astounded all over again by their dedication and desire to meet the living God in their lives through prayer, silence, and a heartfelt devotion.

Now, having been so inspired, I began to think about our community, Lent, and the forty days of self-reflection and slowing down. Lent, a teaching season of the church, provides a great opportunity for us to consider the lives of five Christian mystics in our Lenten midweeks—complemented by worship that is prayerful, quiet, meditative—allowing space for silence amidst our lives together. I suppose some might call the Lenten midweeks an introvert's dream worship experience.

However, in addition to what we trust will be a meaningful worship experience each week, Pastor Bri and I will be preaching and teaching from both biblical text and a designated mystic for the week. We will unfold the lives of the mystics in our midst, and the first week, March 13, I will be considering some of the wonders, and, yes, the theological issues still associated with mysticism from a Lutheran-Christian perspective.

So I hope you will consider, amidst your very busy midweek lives, coming to Lenten worship and the journey toward Holy Week and Easter. I believe the mystics can teach us much about living into a faith from day to day.

A blessed Lenten journey,

Pastor John Vaswig

A Lenten Journey

Examining the Lives of Select Mystics in the Christian Tradition

Lenten Midweeks

6:00 p.m. = soup and bread dinner in the Life Together Hall

7:00 p.m. = Lenten midweek worship in the Sanctuary



Wednesday, March 13, 2019

Thomas à Kempis, 1380-1471

De Imitatione Christi / The Imitation of Christ

1 Corinthians 10:12-13



Wednesday, March 20, 2019

Julian(a) of Norwich, 1343-1413

Revelations of Divine Love

Psalm 8



Wednesday, March 27, 2019

Brother Lawrence, 1611-1691

Pratique de la presence de Dieu / The Practice of the Presence of God

Psalm 108



Wednesday, April 3, 2019

Teresa of Ávila, 1515-1582

El Castillo Interior / The Interior Castle

Titus 3:1-8



Wednesday, April 10, 2019

Jean-Pierre de Caussade

L'Abandon à la divine providence / The Sacrament of the Present Moment

John 7:36-50



SHROVE SUNDAY

Sunday, March 3, 2019 • 9:30 a.m. • Life Together Hall

Join the Rock Ministry Pancake Feast!

In preparation for Lent, we are having a “Shrove Tuesday” style pancake feast (but on a Sunday). We’ll have pancakes and sausages and fruit, so come hungry! This feast will be in place of all Sunday morning classes (even for adults).

Pastor Bri will have a short lesson for the kids. We’ll learn how to make ashes for Ash Wednesday worship, and talk about why we put these ashes on our foreheads as we begin the season of Lent.

Plan to come and join the feast!

ASH WEDNESDAY

Wednesday, March 6, 2019

11:00 a.m. – morning Ash Wednesday worship • Chapel

7:00 p.m. – evening Ash Wednesday worship • Sanctuary

We start the season of Lent with Ash Wednesday worship, where we remember our mortality and that we are created beings: “From dust you have come and to dust you shall return.”

In addition to worship, we eat together. Join us for a soup and bread lunch (12 noon) following morning worship and a soup and bread dinner (6:00 p.m.) prior to evening worship.





New Member Class Starting in March!

We are inviting all who worship here at Mountain View but are not members to be a part of our New Member/Inquirer Class. Pastor John will be teaching this class and he will give an overall view of our mission and ministry here at Mountain View as well as a better understanding of the Lutheran faith.

Whether you are a one-time visitor or a regular visitor, we invite you to experience this opportunity to learn more about the Lutheran faith and Mountain View in particular. The class will be offered on Sundays from 9:30 to 10:30 a.m. on March 10, 17, 24, 31 and April 7. We ask that you be present at all five classes if possible. Childcare will be provided in our nursery for those with small children and Sunday school is available for children two years of age through eighteen.

Attendance at the class does not mean membership at MVLC unless that is what you decide to do. You are always welcome to worship without membership, but we are hopeful you will feel compelled to join us in the mission and ministry of Mountain View Lutheran Church.

You may join Mountain View Lutheran Church through transfer of an active membership in another Lutheran congregation; through baptism into Christ's family; or after examining the Lutheran faith in this class, through affirmation of faith.

If you are interested in being a part of this class, please contact Parish Worker Marlene Wright in the Church Office by calling 253-863-5171 or emailing mwright@mtviewlutheran.org.

Prayers of the Church

Lord, in your mercy, hear our prayer.

We pray for those who mourn the death of loved ones.

-) Gary Larson and family at the death of his brother-in-law Rick Stanaway.
-) Nancy Nole and family at the death of her husband Tim Nole.
-) Terry Jensen and family at the death of his mother Marilyn Jensen.
-) The Coghill family at the death of Larry Coghill.
-) Craig Murray at the death of his mother Willetta Mae Murray.
-) Beth Ann Johnson at the death of her uncle Gene Geiger.
-) Beth Ann Johnson at the death of her second cousin Andy Tollefson.

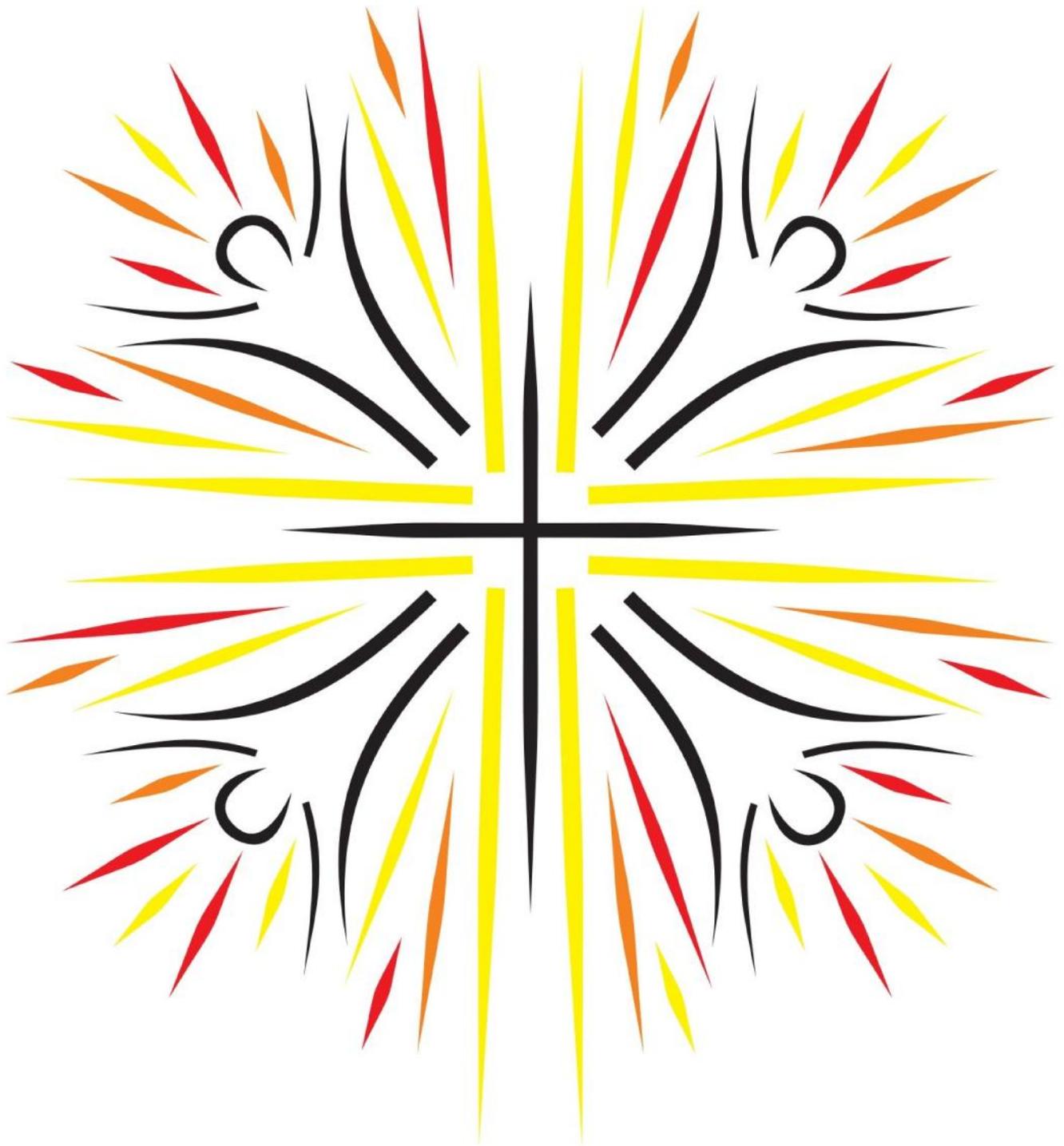
We pray for members of our congregation in need of healing.

-) Clarence Aaserud.
-) John Bachner.
-) Kent Hamilton.
-) Stewart Luckman.
-) Doug Mandt.
-) Agnes Purvis.
-) Pete Thibadeau.
-) Mark Williams.

We pray for our family and friends in need of healing.

-) Stacey Hailey, daughter of Ed and Lois Stark.
-) Fred Hanenburg, brother of Rich Hanenburg.
-) Steve Johnson, brother of Emily Thompson.
-) Bob Kearney, husband of Cecily Kearney.
-) Joan Knierim, mother of John Knierim and Erik Knierim.
-) Dianne Kimble, sister of Darlene Thompson.
-) John Taylor, stepfather of John Meagher.
-) Ron Thompson, son of Darlene Thompson.

Amen.



Are We Walking in the Light? Or Is It the Darkness?

Last fall we selected the text from 1 John chapter 1, verses 6 - 7 as the theme for our lives as stewards at Mountain View. I am sure you will agree that this is a powerful text with wonderful clarity in purpose. Martin Luther, in his lectures on 1 John, said “this is an outstanding epistle...so beautifully and gently does it picture Christ to us.”

Although the author of 1 John is unknown, the epistle is believed to have been written in Ephesus around 95 – 110 C.E. Some scholars suggest that 1 John is more like a public essay than a letter. The authors’ purpose was to refute the teachings of some people claiming that Jesus was completely spiritual in nature and only appeared to be mortal. Many of these people held that the earthly, material reality of Jesus no longer mattered, and that their own earthly, material actions did not matter either.

We find the thesis of First John in chapter 1, verse 5:

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all.

In verses 6 – 7, we see implications of this thesis in terms of our lives together:

If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

The metaphor of darkness and light is a common theme in scripture, suggesting the high contrast between sin and righteousness—yes, we know when we have sinned. But when we are in the light, we have fellowship with God and one another to include the neighbor in need. And, when we are in fellowship with one another that includes the help and support for the neighbor in need.

In verses 8 – 9, the author addresses our sinful nature and the need for confession:

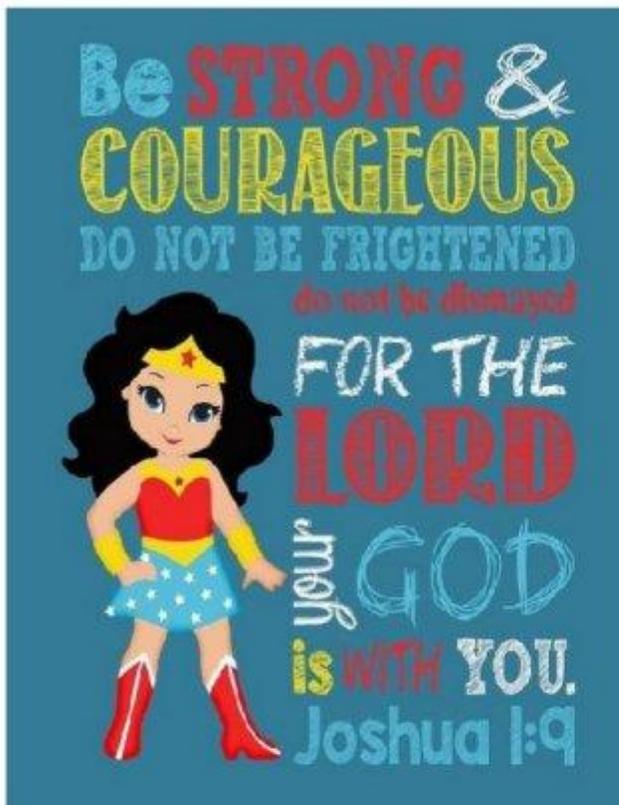
If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness.

Martin Luther said that we are in “bondage” or “captivity” to sin, and we can not break free from sin’s hold on us. In confession we admit that we are still sin’s captives and still need a Savior to set us free.

Some questions to ponder: How do we know if we walk in the light? Is the truth found in our fellowship with and our love for one another? Is 1 John 1 a very eloquent call to us as stewards to live into community with one another to include the neighbor in need?

Bruce Sisco

Jesus is my Superhero!



MARCH 15-16, 2019

ELEMENTARY RETREAT (1ST – 6TH grade)

Come to camp with your church. Maybe it's your first time at camp or you just want to come back to meet new friends through songs, games, bible encounter, and even a campfire with s'mores, yum yum! We will be learning about what it means to conquer our fears and live outside our comfort zone.

\$57/camper \$40/adult * plus an addition 4 % registration fee

Register online: <http://www.camplutherwood.org/retreats/>

**Be sure to select March 15-16 as the dates!*

**Be sure to list that you are with MVLC!*



Elementary Retreat

**Come and
conquer the
challenge course!**

**Fight through your
comfort zone!**

**Gaga ball,
campfire,
canteen, kayaking
and much more!**

LUTHERWOOD CAMP AND RETREAT CENTER

1185 Roy Rd.

Bellingham, WA 98229

360-734-7652

www.camplutherwood.org

ROCK MINISTRY ANNOUNCEMENTS

Sunday, March 3

Family Day in Rock Ministry, Pancake Feast and Lent Intro

All Rock Ministry ages will gather in the Life Together Hall. Our high school students will be cooking a pancake feast for us, in the tradition of Shrove Tuesday. Pastor Bri will have a brief lesson to introduce Lent and we'll prepare ashes like those that will be used on Ash Wednesday.

Wednesday, March 6

Ash Wednesday

Children's ExALT Classes will pause for Ash Wednesday and Lenten worship services. ExALT classes will resume after Easter.

Friday, March 15 and Saturday, March 16

Elementary Retreat at Lutherwood

For 1st through 6th graders

Sign up for a one-night retreat at camp! This is a great way to introduce kids to camp and help them build up to longer retreat weekends. See the flyer (page 10) for information to sign up!

5/6/7 YOUTH EVENTS

for 5th –7th grades

Friday, March 22 • 5:45 p.m.

Mosque Visit, Prayer, and Conversation

We're meeting up with another area church and going to visit and talk with our Muslim neighbors at the Islamic Center of Tacoma. We'll get to experience Islamic prayer, Salat, and can understand more of what Muslims believe and practice, and so understand more of how we relate to our neighbors of other faiths.

Register for Flathead!

See the flyer (page 12) for more info and to sign up. Register prior to April 1 for lowest rate.

HIGH SCHOOL YOUTH EVENTS

for 8th –12th grades

Friday, March 8

We're going to see *Captain Marvel*. Watch for text reminders with more info to come.

Sunday, April 28

Let us know whether or not you're attending the summer trip by this date. See the flyer (page 13) for more info.

Flathead Bible Camp

July 28th - Aug. 2nd
For current 5th-8th graders



To experience Christ's grace through meaningful relationships, shared adventures and purposeful service.

"FLBC has been a constant for me, an anchor, a bright light, home... FLBC helped me navigate my faith in my teens. FLBC helped me discern my call as a young adult. FLBC helped Bruce and I to raise our children, and FLBC continues to partner with me in my role as a youth minister. I am filled with gratitude for this place and these people." —Traci V.

Register at: <https://flbc.net/summer-camp-programs/>

Youth are welcome to invite friends to register and come with us that week.

*Email Pastor Bri when you register to get on the MVLC Flathead email list.

Youth heading into 6th or 7th grades will register for Pathfinder Camp (be sure to list you are with Mountain View Lutheran Church). Cost is \$380 before April 1 // \$405 before May 1 // \$430 after May 1.

Youth heading into 8th or 9th grades will register for Trailblazer Camp (be sure to list you are with Mountain View Lutheran Church). Cost is \$430 before April 1 // \$455 before May 1 // \$480 after May 1.

Scholarships are available to help with cost as needed. Contact Pastor Bri for more info.



A local trip in the Seattle area with the youth from Celebration Lutheran

On this trip we'll meet refugee families, learn more about the process of transitioning into life into the U.S., hear about the circumstances that made these families leave their country of origin, and work alongside refugees as they establish their lives here.

We will learn from and be shaped by the people we meet, and in doing so, will learn how God calls us into community, into lives of service, and into experiences of transformation and vulnerability.

A few important things to know:

-)] We will be lodging in the Seattle area
-)] This will be a low-cost trip—exact cost will be determined shortly
-)] We'll learn a lot we didn't know about life in our own backyard
-)] We'll have a LOT of FUN

Please Register with Pastor Bri by April 28th

bmerkle@mtviewlutheran.org

After registration, we will set a meeting date to turn in money and sign a covenant of participation.



5, 6, and 7 grade youth from MVLC, Peace Lutheran, and Celebration Lutheran gather together for games, fellowship, fun, and contemplative prayer.

More photos of life together at www.flickr.com/mtviewlutheran and www.facebook.com/mtviewlutheran.

The “Little Pebbles” Rock Ministry class takes a break to catch snowflakes on their tongues.



BIBLE RETREAT

Sunday, March 31st
12-2pm

For 2nd grade children

(and any 3rd graders who didn't receive a Bible last year)

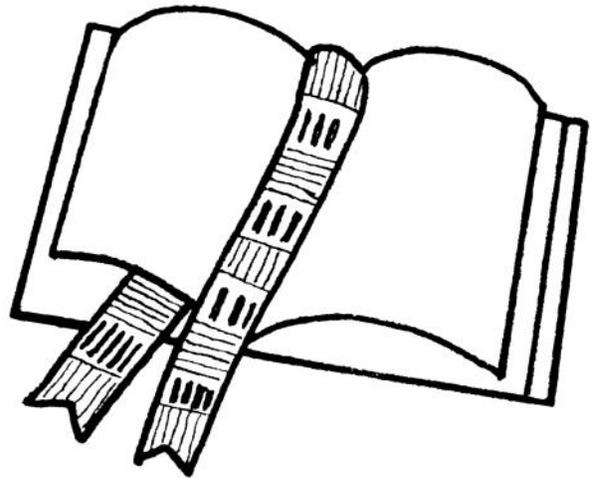
Lunch will be served in the Life Together Hall, followed by games and teaching to help our children become acquainted with their new Bibles.

At least one parent or guardian is asked to attend with each child.

BIBLE RITE

Sunday, April 14th

10:45am Worship



Children who have attended the Bible Retreat will formally receive their Bible in worship, as the congregation blesses them and supports them in their continued growth in God's Word.

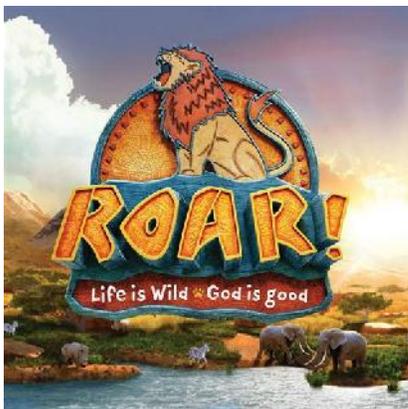
RSVP to Pastor Bri by Mar. 24th bmerkle@mtviewlutheran.org

MARCH ADULT EDUCATION

9:30 a.m. • Sundays 3/10 + 3/17 + 3/24 + 3/31

Embracing Emergence Christianity: Phyllis Tickle on the Church's Next Rummage Sale, a six-session video and discussion study.

Session 1: Emergence 101 + Session 2: Where Now Is the Authority?
+ Session 3: The 20th Century and Emergence + Session 4: Gifts from Other Times +
Session 5: How Then Shall We Live? + Session 6: Hallmarks of Emergence.



VACATION BIBLE SCHOOL 2019

Save the dates!

Monday, July 8 through Friday, July 12, 2019.

9:00 a.m. to 12 noon each day.

Ages 3 years old through sixth grade.

Look for registration info in April/May.

WOMEN'S BIBLE STUDY

9:30 a.m. • Thursdays 3/7 + 3/21

All women of the Mountain View Lutheran Church are welcome to join the Thursday Morning Women's Bible Study. This pastor-led study will focus on Ephesians 3 on 3/7 and Ephesians 4 on 3/21. Come for discussion, prayer, and fellowship.

EDUCATION on DEMENTIA

A representative from The Alzheimer's Association will come to Mountain View Lutheran Church to give an educational talk about the warning signs of dementia, as well as tips on how to approach someone with memory concerns. This is a meeting of MVLC's Deacons Ministry, but any members or friends of Mountain View who are interested in this topic are welcome to attend. This educational offering will be held in the Life Together Hall on Thursday, March 14, 2019 from 6:45 to 8:00 p.m.

SCHOLARSHIP BAKE SALE

The MVLC chapter of the Women of the ELCA is hosting a scholarship bake sale on Sunday, March 10, 2019 in the Gathering Space, immediately following each worship service. Donations of cookies, muffins, lefse, pies, bread, jams, jellies, and candy to the bake sale are welcome. Bring your appetites on 3/10!

If you have any questions, then please contact Dorothy Valenta at 253-334-1209 or cacciolamc@gmail.com.

SCHOLARSHIP APPLICATIONS DUE APRIL 1

Scholarship applications—LEAF, WELCA, Baurichter—are available in the MVLC Church Office or by emailing Pastor Bri (bmerkle@mtviewlutheran.org). You may apply for as many of these scholarships as you are eligible. Please be sure to carefully read the descriptions on the application forms to discern which are applicable to you.

SOUP and BREAD DINNERS

Join us on Wednesday evenings of Lent at 6:00 p.m. in the Life Together Hall, starting March 6, for soup and bread dinners prior to Lenten midweek worship services. Sign up to bring soup and/or bread, or to help in the kitchen, on the board in the Gathering Space (Sunday mornings) or Life Together Hall (Wednesday evenings). You can also email Parish Worker Marlene Wright (mwright@mtviewlutheran.org).

WISH LIST

Attention Thrivent members: We are collecting Thrivent Choice Dollars to cover the cost of installing acoustic treatment tiles on the ceiling of the MVCC's main room. This will increase the usability of the room by eliminating the echo that currently exists.

Direct your Thrivent Choice Dollars by phone (call 1-800-847-4836 and say "Thrivent Choice") or online (visit www.thrivent.com, login, and click on "Direct Choice Dollars").

General Fund Giving Update

Your giving supports the day-to-day operations of the mission and ministry of MVLC, as well as that of our benevolence recipients and ministry partners.

2018 was a phenomenal year! We started out great in January with giving at nearly 93% of expected levels, which represented about \$10,500 more than in January 2018 (which was very low). With snow affecting at least two weeks in February, our giving was substantially lower. While many of members were snowed in, the ministry and mission of Mountain View Lutheran Church and the work of our benevolence partners continued! We pray that each of us will find a way to keep our ministry and mission giving on track for the year, so that we can faithfully carryout the ministry that God has called us to do this year!

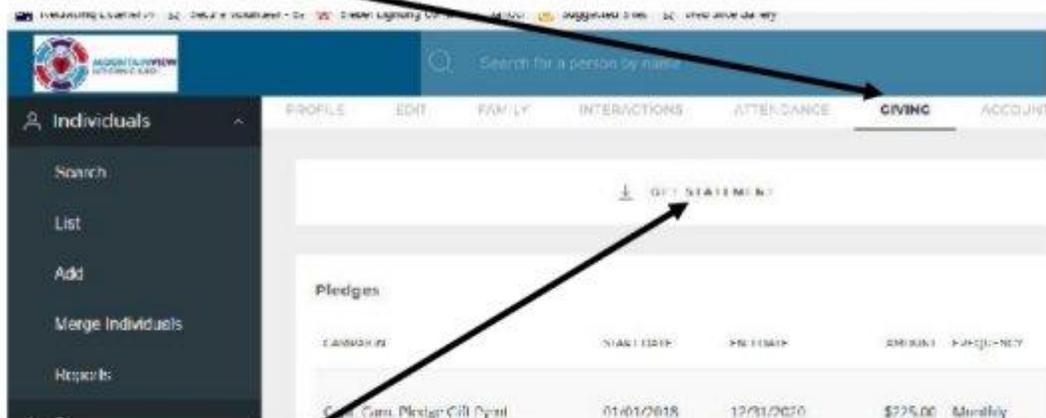
Thank you, again, for your continued faithful support of God's ministry through Mountain View Lutheran Church.

	1/31/2019 actual + thru 2/24/2019 actual	2019 Spending Guideline	Difference	2018 Actual
Month ending 1/31/2019	\$69,907	\$75,538	-\$5,631	\$59,357
Month to date 2/24/2019	\$74,034	\$80,724	-\$6,690	\$51,598
Year to date 1/31/2019	\$69,907	\$75,538	-\$5,631	\$59,357
Year to date 2/24/2019	\$143,941	\$156,262	-\$12,321	\$134,353

Check Your Giving Statement Online

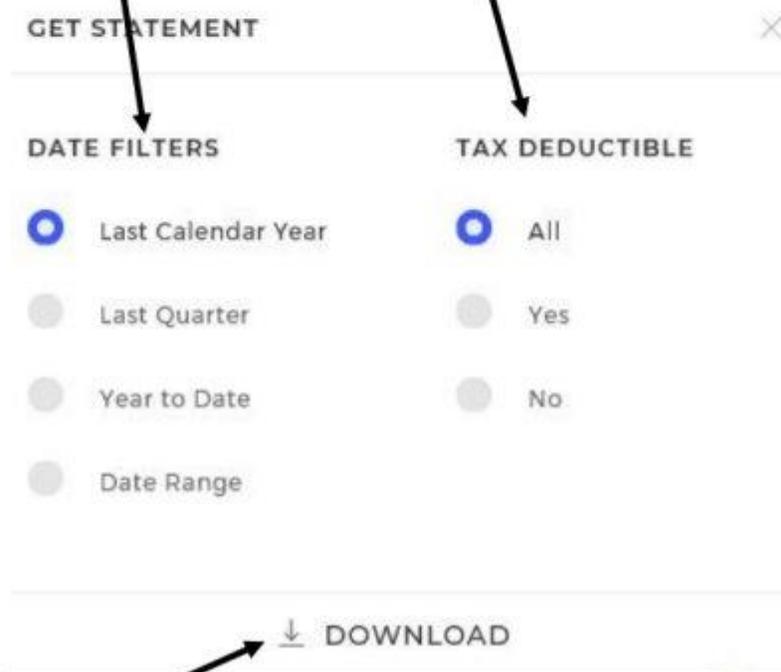
You can now download your giving statement anytime online!

1. Go to mtviewlutheran.shelbnextchms.com
2. Login
3. Click on “Giving”



4. Click on “Get Statement”

5. Select the Date Filter and Tax-Deductible Options (hint – if you give through your IRA or a Charitable Fund, these gifts only appear if you select “All” for “Tax Deductible”)



6. Click “Download”



EDGEWOOD NOURISH FOOD BANK

January 2019 Statistics

Families Served	1281
Individuals Served	5794
Pounds of Food Distributed	99,900
Individual Volunteers who worked	96
Total Volunteer Hours	1440
New Customers	53

Food Bank Donation Requests for March

- Cereal
- Canned Meat
- Toothbrushes
- Toothpaste

Thank you!



The Edgewood Nourish Food Bank serves clients from 3:30 p.m. to 6:30 p.m. on Thursdays and from 11:00 a.m. to 2:00 p.m. on Saturdays.

Learn more about Edgewood Nourish Food Bank at nourishpc.org/get-to-know-a-food-bank-edgewood

Learn about Randy, one of the volunteers at Edgewood Nourish, at nourishpc.org/nourish-volunteers-randy

Edgewood Nourish Food Bank
253-826-4654

10th Anniversary Hope Benefit Auction

Hope MOVES *Mountains*

It started as a dream:

A new building that could house the Edgewood Community Food Bank and a new community center to serve the people of Edgewood, Milton, Fife, and Puyallup.

Join Us

As we celebrate:

10 years later, we are a thriving organization that provides programs that support successful kids, hopeful families and active seniors.

Thanks to you

We wouldn't be here today without the support of individuals, organizations, and businesses in the community.

What: 10th Anniversary Hope Benefit Auction

Benefitting: Mountain View Community Center

Cost: \$65 per ticket/\$130 per couple

When: Saturday, March 9th, 2019, - **Doors Open at 5:30 pm**

Where: Washington State Fairgrounds—Expo Hall

Please RSVP by March 4, 2019

Card enclosed or RSVP online at www.mtviewcc.org





The *Directions Program* needs you!

Mountain View Community Center's *Directions Program* is a free 9-month class created to help individuals find the tools and support needed to make positive and lasting changes to earn a livable wage.

We have a very committed class of 10 individuals, and we are looking for **GUIDES**, to walk hand in hand with them to provide accountability, support, and share valuable skills to enhance their ability to live and work successfully.

What is a GUIDE?

- A **volunteer** who works with low-income individuals and families' one on one to mentor them as they develop strategies to improve their lives and fulfill their personal and professional goals. You qualify as a **GUIDE** if you have come through difficult times yourself; have reached a level of personal success; and have a desire to make a real impact.
- We are especially interested in *Spanish speaking* volunteers, as Spanish is the first language with most of our participants/members.

What is the commitment?

- We are looking for **GUIDES** to support our current class for the months of **April, May, and June 2019**. *Direction's Class* is currently being held on Thursday evenings from 6:45—8:15 pm at **New Horizon Church in Fife**. We ask Guides to attend class twice a month.

"Volunteering for *Directions* is a very rewarding way for me to share what I have learned from my own life struggles. As I do, I get the privilege of watching our Members grow; acquire new tools that they can use in their personal and professional lives; and get a renewed hope and vision for their futures."

-Brent, *Directions* GUIDE and Volunteer

If you are interested in more information on becoming a GUIDE, please fill out the interest form at www.mtviewcc.org. Once at the site, go to the *Directions* page and click on the drop-down VOLUNTEER tab. If you prefer to call, please contact Larry at 253-686-8993.

Save These Dates:

GUIDE Informational Briefing at MVCC | Saturday, March 30 | 9:30—11:30 am

Graduation Day Celebration at New Horizon Church | Thursday, June 27 | 7:00—8:00 pm



Help Feed Hungry Children in Our Community!

Currently the Mountain View Community Center is providing around 190 weekend PowerPacks to students in both the Fife and Puyallup School districts. (That is about 1,700 food items a week!)

New in 2019, we have established a Food Pantry in E.B. Walker High School and are starting a Crock Pot program with 23 families in the Fife/Milton/Edgewood ECEAP program. We will provide each of these families with a crock pot and weekly ingredients to make a hearty soup. Look for more information about the crock pot program in the April newsletter and how you can help support this exciting new program.

Right now we are very low on some essentials for the PowerPacks. Please consider purchasing some of these items and dropping them off in the bin outside of the Sanctuary or at the Community Center.

- ✓ “Kid-friendly” microwavable or “pop top” cans of soup.
- ✓ Peanut butter or cheese crackers.
- ✓ Granola bars.
- ✓ Individual packets of oatmeal.

Thank you for all that you do to support the Mountain View Community Center.

Gretchen Johnsrud
Youth Programs Coordinator

March 2019 Health News

March is Colon Cancer Awareness month. If you are 50 years old or older and have not had a colonoscopy, talk with your doctor and get one scheduled! This important screening test saves lives! Don't wait!

March also is Kidney Awareness month. Taking care of our kidney health is important. Avoid extra salt, swap out processed foods for whole foods. Exercise. High blood pressure is a risk factor for chronic kidney disease. Regular exercise, even for 20 minutes per day, can help reduce blood pressure. Stay hydrated. Use medications with caution. Know the risk factors, such as diabetes, obesity, high blood pressure, and family history of kidney disease.

Ben Wadnizak, a member of our Mountain View Lutheran Church community gave me permission to share with you his need for a kidney transplant. Ben was born with polycystic kidney disease. Ben's kidneys are now failing. He is on the Swedish Kidney Transplant list and is in the process of looking for a donor. Ben is 40 years old and his blood type is O positive. Ben's kidney transplant website is:
findakidneyforbenwadnizak.com

On February 17, 2019, 2/17/19, Walt and I accomplished a mission to get fully immunized, our last vaccine until next year's flu shot being Shingrix 50MCG. Shingrix is an FDA – approved vaccine for the prevention of shingles (herpes zoster) in adults 50 years and older. Shingrix is not a live vaccine. We both received the previous shingles vaccine after turning 50. This new vaccine is recommended now as the protection against shingles is better. In adults 50-69 years old who got 2 doses, Shingrix was 97% effective in preventing shingles; in adults 70 years and older, Shingrix was 91% effective. The CDC (Center for Disease Control) recommends that even if you have had the previous shingles vaccine or if you have had shingles, you should receive the two injections of Shingrix. These injections are given 2-6 months apart. Don't miss the timing of the second shot. Get the date on your calendar! We have been on a waiting list at Safeway since October 2018 as the supply of Shingrix has been low. We had tried to get it through Rite Aid and our physician's office. I recommend getting on a list as soon as possible. Great feeling to be done with that. Shingles *can be* an extremely painful condition and nerve pain can continue for many months. Get protected!

If you have any health-related questions or need medical help, then please do not hesitate to call me at 253-640-9119.

Terry Freed
MVLC Faith Community Nurse

From the Church Administrator

Projects Completed in December 2018 and January 2019

-) Replacement of all campus thermostats with ones that will integrate with our new church management software to save money on heating/cooling bills. Provided in 2019 Spending Guideline (Chapel and Education Building paid for by Building Rental Fund).
-) Annual maintenance and servicing of all heating and cooling equipment on campus (16 furnaces, 4 rooftop HVAC units, 1 rooftop heating unit, 4 ductless heat pumps, 7 heat pumps, and 2 air conditioners).
-) Narthex cabinet installed, which provides storage for first aid kit, worship supplies, and our assisted listening devices for the Sanctuary. Mission Endowment Fund grant.
-) Replacement TV in Administrative/Office hallway installed to replaced one that failed. Donated.
-) Replacement of the Chapel septic tank. Building Rental Fund Project.

Upcoming Priorities for 2019

-) Publication of the 2019 Pictorial Directory.
-) Complete re-stripping of parking lot. Honey Doer project.
-) Video recording capabilities from both the Sanctuary and Life Together Hall for Adult Education and “Grace Place” events. Potential Mission Endowment Project 2019.
-) Replace flooring in Chapel restrooms. Honey Doer project.
-) Addressing acoustics in the main room (upstairs) of the Mountain View Community Center. Thrivent Choice Project.

Thank you for your continued support of “God’s work. Our hands.” through the ministry and mission of Mountain View Lutheran Church!

In His service,
Phil Edlund
Church Administrator

Mountain View Lutheran Church

We give to the Lord of our tithes and offerings.

I give electronically!

Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.

—2 CORINTHIANS 9:7

Simply Giving

This year, more than ever, it is important that we all remain steadfast in our commitment to God's ministry and mission at Mountain View Lutheran Church. A great resource that many members use to maintain their giving throughout the year is Simply Giving. Simply Giving is Mountain View's online giving program, which allows you to automatically contribute your tithe on a regular basis. We encourage everyone to use this resource, as it promotes first fruits giving and provides predictable support for our ministry and mission. See the instructions below or contact Phil Edlund, Church Administrator, at the church office at (253) 863-5171, ext. 104.

Visit the Mountain View website. Use your checking/savings or debit/credit card.

1. Visit www.mtviewlutheran.org.
2. Click on the "Give" menu/link.
3. Click on "Give" when it appears.
4. Enter an amount in the "General Operating" box.
5. Choose the donation frequency (one time, weekly, monthly).
6. Choose the donation start date.
7. Click "Continue" and follow the rest of the instructions that will appear.

Contact the Church Administrator at the Church Office if you need assistance.

(In March, offering cards for those who give electronically will be located with the offering envelopes on the backs of chairs in the Sanctuary. This will allow those who give online or through other electronic means to fully participate in the offering by placing one of these reusable cards into the offering plate when it passes by.)



Fellowship Hour Needs You!!

Fellowship Hour after each service is a wonderful time to enjoy refreshment and visit with members and visitors alike. It is often the only time during the week we can make such connections.

Part of what makes this time so enjoyable is the presence of baked goods and other snacks. All of these treats and snacks are provided by volunteers and we need more volunteers!

When you sign up, you are only responsible for bringing the treats, the coffee is handled by other volunteers. Treats do not need to be homemade either, store bought is just fine! The important part is just bringing something to share.

Consider signing up for dates that are celebrations for your family. Events like birthdays and anniversaries are a perfect time to host Fellowship Hour.

Please sign up on the board in the Gathering Space, or online using the link below. You can also call Marlene in the church office at 253-863-5171.

<https://www.signupgenius.com/go/60b044da8ae2ea3f49-fellowship>

IMAGES/NOTES

-] Page 3: “Five Mystics of Lent” series of paintings by Troy Kehm-Goins.
-] Pages 4, 6, 14 (bottom), 21, and 24: Photographs by Troy Kehm-Goins.
-] Page 5: “Cross on Person’s Forehead,” photograph, by Ahna Ziegler, unsplash.com/photos/LGqGCpm3epw, via Unsplash. Public domain.
-] Page 8: “Fellowship of the Light” logo by Don Neptun.
-] Pages 10, 12, 13, and 15: Fliers created by Pastor Briana Merkle.
-] Page 16: Roar VBS logo by Concordia Publishing.
-] Page 19: Information created by Phil Edlund.
-] Page 14 (top) and back cover: Photographs of the 5/6/7 Hangout with MVLC, Peace Lutheran, and Celebration Lutheran by Pastor Briana Merkle.
-] Page 20: Information created by the Edgewood Nourish Food Bank.
-] Pages 22 and 23: Fliers created by the MVCC staff.
-] Page 28: Flier created by Marlene Wright.

CONTACT

Mountain View Lutheran Church

253-863-5171

office@mtviewlutheran.org

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Music Director Carmen Van Soest • cvansoest@mtviewlutheran.org

Parish Worker Marlene Wright • mwright@mtviewlutheran.org

Communications Director Troy Kehm-Goins • tkehm-goins@mtviewlutheran.org

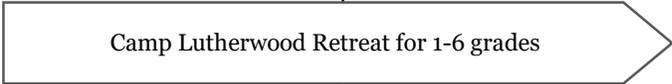
Mountain View Lutheran Church

MARCH 2019

www.mtviewlutheran.org

<p>3 TRANSFIGURATION of OUR LORD</p> <p>8:15am Worship 9:30am “Shrove Sunday” pancake feast 10:45am Worship</p>	<p>4</p> <p>5:30pm VBS Team</p>	<p>5</p> <p>9:00am WELCA Board 10:00am Staff Meeting</p> <p>6:30pm Church Council</p>
<p>10 FIRST SUNDAY in LENT</p> <p>8:15am Worship 9:30am Adult Education, Rock Ministry, New Member Class 10:45am Worship</p>	<p>11</p>	<p>12</p> <p>10:00am Staff Meeting 1:00pm Book Club 6:00pm Peace and Justice</p>
<p>17 SECOND SUNDAY in LENT</p> <p>8:15am Worship 9:30am Adult Education, Rock Ministry, New Member Class 10:45am Worship</p>	<p>18</p> <p>1:00pm Mary Circle</p>	<p>19</p> <p>10:00am Staff Meeting 12:30pm Rebecca Circle 6:30pm Church Council</p>
<p>24 THIRD SUNDAY in LENT</p> <p>8:15am Worship 9:30am Adult Education, Rock Ministry, New Member Class 10:45am Worship</p>	<p>25</p>	<p>26</p> <p>10:00am Staff Meeting</p>
<p>31 FOURTH SUNDAY in LENT</p> <p>8:15am Worship 9:30am Adult Education, Rock Ministry, New Member Class 10:45am Worship 12 noon Bible Retreat</p>		

This calendar only includes MVLC events.
 For a full campus calendar, please visit
www.mtviewlutheran.org/calendar online.

				1		2 7:00am Men's Bible Study	
6 ASH WEDNESDAY 11:00am Ash Wednesday worship 12 noon Soup/bread lunch 1:00pm Grief Group 6:00pm Soup/bread dinner 7:00pm Ash Wednesday worship		7 8:30am Honey Doers 9:30am Women's Bible Study 1:00pm Property		8 High School Movie Night <i>Captain Marvel</i>		9 7:00am Men's Bible Study 9:00am Deacon Training	
13 LENTEN MIDWEEK #1 9:30am Quilters 5:15pm Children's Choir 6:00pm Soup/bread dinner 7:00pm Lenten worship 7:50pm Sanctuary Choir		14 8:30am Honey Doers 10:00am Prayer Shawls 6:45pm Deacons: Education on Dementia		15		16 7:00am Men's Bible Study	
							
20 LENTEN MIDWEEK #2 9:30am Quilters 5:15pm Children's Choir 6:00pm Soup/bread dinner 7:00pm Lenten worship 7:50pm Sanctuary Choir		21 8:30am Honey Doers 9:30am Women's Bible Study		22 5:45pm 5/6/7 Mosque Visit		23 7:00am Men's Bible Study	
27 LENTEN MIDWEEK #3 9:30am Quilters 5:15pm Children's Choir 6:00pm Soup/bread dinner 7:00pm Lenten worship 7:50pm Sanctuary Choir		28 8:30am Honey Doers		29		30 7:00am Men's Bible Study	



Mountain View Lutheran Church

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253-863-5171 • www.mtviewlutheran.org

WEBSITE • www.mtviewlutheran.org

FACEBOOK • www.facebook.com/mtviewlutheran

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